

1, PROFILE OF BEPPU CITY

Beppu is the leading hot spring resort of Japan in an excellent natural setting surrounded by the sea and mountains, 83,000 liters of hot spring water gush out per minute from approximately 2,300 sources.

Since earlier times, Beppu has flourished as a hot spring resort and in 1950 it was designated as the International Tourism Hot-Spring Cultural City. It boasts of its large variety of hot springs according to their mineral contents including acid, sulfur, salt, iron, and alum. Beppu has 10 out of 11 kinds of hot springs designated in the international hot spring conference.

Eight areas with especially large amounts of gushing water, namely Hamawaki, Beppu, Kankaiji, Horita, Myoban, Kannawa, Shibaseki and Kamegawa are collectively called the “Beppu Hatto (Eight Major Hot Springs Areas of Beppu)”, each featuring its own characteristics as to the mineral contents and natural surroundings. They serve as places for hot spring treatment, recuperation and recreation not only for tourists but also for local residents.

2, Foreign Resident Registration and Juminhyo (resident registration)

*The Alien Registration Act was abolished in July of 2012 and has changed as follows:

(1)Resident registration (Moving-in from Abroad)

Non-Japanese individuals living in Japan who have been issued a Residence Card (Zairyu Card) at the airport or seaport of entry to the country or have a Residence Card to-be-issued-at-a-later-date stamp on their passport, are to provide notification within 14 days of entering Japan at the Citizens' Division of City Hall.

Required Documents:

- Residence Card *(Zairyu Card) (if issued already)
- Passport
- Official document and a translation of proving your family relationship (only required for persons who will residing with their family in Japan)

Persons who have received a Zairyu Card* at a port of entry are asked to visit Citizens' Division. Your address will be printed on back of the card.

Persons whose Residence Card is to be issued at a later date will receive a Zairyu Card with their address on it from the Immigrations Office by registered mail.

Note: Short term visitors cannot apply for residence registration.

The Zairyu Card* is an ID that you must carry with you at all times.

(2)Notification of change of address

○When you move to Beppu City from another municipality (Move in)

Bring your Certificate of Moving Out issued from your former municipality and Zairyu Card to the Citizens' Division of City Hall.

○Moving within Beppu City

Bring your Zairyu Card to the Citizens' Division of City Hall.

○Moving-out of Beppu City

Upon moving out of the city, notify the city that you are moving out. Bring your Zairyu Card to the Citizens' Division of the City Hall.

A Moving-out Certificate will be issued by the Citizens' Division. After moving in to your new municipality, this certificate should be submitted to your new address's municipal office to complete the moving-in notification.

○Moving-out of Japan (Leave permanently)

Need to notify moving in advance. Bring your Zairyu Card *to Citizens' Division of the City Hall.

(3)Others

Changing name, nationality status of your visa, address contact:IMMIGRATION BUREAU Oita branch office of Fukuoka Regional Immigration Bureau

(4)Extension of your visa

If you wish to stay longer than your visa allows, you should apply for it at Immigration Bureau. You will have a new zairyu card at the same time.

(5)Reissue of the residence card

Contact with Oita branch office of Fukuoka Regional Immigration Bureau, if your *zairyu card has been lost or stolen. Then, required to apply for new card.

(6) Child is born in Japan

Children born in Japan to parents who are not Japanese citizens or permanent residents must register the birth within 14 days at Citizens' Division of the City Hall.

See page 8 for more details.

(7) Death Notification

A family member should complete the designated death notification procedures within 7days of death to Citizens' Division of the City Hall. Be sure to have the doctor's signature or his/her seal on the Death Certificate. See page 9 for more details.

(8) Return of *Zairyu Card

In case a non-Japanese acquires Japanese nationality or passes away, his/her Zairyu Card should be returned to the Oita branch office of Fukuoka Regional Immigration Bureau.

(9)Juminhyo (Residence Certificate)

Foreign residents will be issued a Residence Certificate as of July, 2012 in place of an Alien Registration Certificate. For persons who require this document, please bring your Zairyu Card* to apply at the Beppu City Hall Citizen's Division, branches or Community Centers (Chou Community Center, North Area Community Center, West Area Community Center, Chuo Area Community Center, South Area Community Center, Asahi/Ohirayama Community Center; the Chuo Community Center is closed until March 2016). Please note that at Community Centers, only the person himself and persons of the same household can be issued a Residence Certificate. (Applications from persons from a separate household or a third party cannot be accepted so in such cases please bring a proxy from the person to Beppu City Hall Citizen's Division or branches.)The handling fee is 300 yen per copy.

*Zairyu Card (Residence Card) : A Zairyu Card is issued to mid and long-term residents (excludes temporary visitors) persons) for subjects pertaining for permission of stay such as entry into the country, status change, extension of period of stay.

The Alien Registration Law was abolished in July 2012 and the previous Alien Registration Card was changed to the Residence Card.

*For a limited period, Alien Registration Certificates issued to mid to long-term residents will be deemed equivalent to a Resident Card. The periods are as stated below. Please note that the periods may be shorter than the next confirmation application period stipulated on the Alien Registration Certificate.

Please apply for a conversion to a Residence Card at the **designated Immigration Bureau.

<Permanent residents>

16 years or older.....by July 8th, 2015

Under 16 years old.....by 8th July 8th, 2015 or the individual's 16th birthday, whichever comes first

<Mid to long-term foreign residents >

16 years or older.....until the expiration date of the period of stay.

Under 16 years old.....until the expiration date of the period of stay or the individual's 16th birthday, whichever comes first

<Oita Branch Office of Fukuoka Regional Immigration Bureau >

Address:

1st Floor Oita Homu Sogo Chosha,
7-5 Niage-machi, Oita Prefecture 870-8521
Tel: 097-536-5006

Office Hours: Mon-Fri 9:00-12:00, 13:00-16:00

(About a 15min. walk from JR Oita Station or a min.walk from the "Oita Chuo-Sho Mae" bus stop)

*As for applications for Special Permanent Residents, please directly contact City Hall (0977-21-1137).

3. NAME SEALS(Inkan)

It is more common to use name seals ("inkan") rather than signatures in Japan. There are two types of seals used. One is a formal seal called "jitsuin". The other is a private seal called "mitomein."

You need to register your "jitsuin" at the City Hall, and when necessary, they will issue you a Seal Registration Certificate. With the seal and the certificate, your transaction will be legally confirmed.

The "jitsuin" seal is required if you plan to make large-scale purchases like a car or real estate. The "mitomein," rather, is for less formal transactions, like opening a bank account or withdrawing money through a bank teller. The "mitomein" does not need to be registered.

1. How to Order Your "Jitsuin"

The "jitsuin" and "mitomein" can be made at any local seal shops called "hankoya." For the "jitsuin" there are some restrictions on the size and the material, so it is probably best to let the seal makers know which one you need, "jitsuin" or "mitomein." If you need "jitsuin," the restrictions are as follows:

1. The seal, whether circular, oval or rectangular, must fit inside a square, with each side measuring between 8 mm and 25 mm.
2. It must be made of wood, stone, metal or other sturdy materials.
3. The form of letters for "jitusin" needs to be the characters on the stamp should be the same as those registered in your Zairyu card/ Special Permanent Resident Certificate (or would be acceptable katakana).
4. A seal which is chipped over 20% cannot be registered.

2. How to Register Your "Jitsuin"

Resident cards holder fifteen or over who live in Beppu may register the "jitsuin." You must take your own seal and your Zairyu Card/ Special Permanent Resident Certificate to the seal registration counter, "inkantoroku madoguchi" of the Citizens Affairs Division of the City Hall. After completing the registration, you will receive the Seal Registration Card.

3. How to get a Seal Registration Certificate, "inkantoroku shomeisho"

Please apply for the issue at the seal registration counter of the City Hall or any branch offices with your Seal Registration Card. The fee is 300 yen per copy.

For further information, please contact the Citizens' Affairs Division (0977-21-1135) at City Hall.

4. FAMILY REGISTRATION

In Japan, you must notify the Citizens' Affairs Division of the City Hall or one of its branches in times of giving birth, death, marriage and divorce. You must also notify your home country. For further information, please contact your consulate or embassy.

1. GIVING BIRTH

If you give birth in Japan and want your baby to stay here for 60 days or longer period after the date of birth, you should complete the following three-steps. For those who will stay less than 60 days, only the first step is required.

(1) Birth Notification

You must notify the birth to the Family Registration Section of the Citizens' Affairs Division of the City Hall within 14 days, and then contact your home country's consulate. You should bring your maternity record book and a doctor's report of birth from the hospital where the child was born. In case that you give birth in the absence of doctor or maternity nurse, have a father of the child or a relative sign the report. After notifying, on your request you can obtain a Proof of Birth Registration, "shusshou-todoke juri-shoumeisho."

If you have the foreign nationality, please don't forget to report to your home country's consulate or embassy.

(2) Status of Residency

If your child will stay in Japan for 60 days or a longer period, you must apply at the Immigration Bureau, "Nyukoku Kanrikyoku," within 30 days after the birth to acquire your child's "status of residency and period of stay."

Please consult the Immigration Bureau for required documentation.

2. DEATH NOTIFICATION

Should there be a death in a family, the bereaved family member must notify the city office within 7 days with a death certificate completed by a doctor. You will receive "Permission for Cremation or Burial." If you ask a funeral home to coordinate funeral services, they will do all these procedures. However, if you want the deceased to be buried in your home country, contact your country's consulate or embassy in Japan.

3. MARRIAGE NOTIFICATION

When you make marriage notification at city offices, the following documents will be required:

- (1) Marriage certificate issued by your country's consulate (A Japanese translation must be attached with the name and address of translator signed and sealed)
- (2) Passport (or an Authentic Copy of Foreign Registration if you have no passport)
- (3) Marriage Notification Form (The signatures and the seals by two adults are also required as witnesses.)

4. DIVORCE NOTIFICATION

When submitting a divorce notification to city office, the following documents will be required. However if neither husband nor wife is Japanese National, they may be unable to submit the notification in Japanese procedure. In such case, contact your home country's consulate or embassy to confirm the other necessary procedures.

- (1) Divorce Notification Form (The signatures and seals by two adults are also required as witnesses)
- (2) As the address certification, an authentic copy of foreign registration for each. (If your partner is Japanese, his or her certificate of residence)

*For details, contact the Family Registration Section in the Citizens Affairs Division at City Hall. TEL 0977- 21-1136

5. HEALTH INSURANCE SYSTEM

In Japan there are two kinds of health insurance systems: Social Insurance (Shakai Hoken) and National Health Insurance (Kokumin Kenko Hoken.)

If you are not a member of the Social Insurance and Zairyu Card holder (intend to stay in Japan more than three months, you must join the National Health Insurance after going through the foreign registration procedure. (There are exceptions depending on your residence qualification, etc.)

Both insurances can be applied to you and your family members which allow you to pay only a portion of the medical expenses. The balance will be paid by Health Insurance. You can also receive benefits after giving a birth or losing family members. Some medical expenses, however, such as an extra charge for a private room in a hospital or special dental treatment will not be covered by the insurance.

NATIONAL HEALTH INSURANCE

1. How to apply

Bring your name seal to City Hall to apply.

Your Insurance Card will be mailed to you at a later date.

There is no charge for applications. However, the premium must be settled using the payment slip which will be delivered to you at a later date. The insurance premium needs to be settled in a ten-month installment plan (June, July, August, September, October, November, December, January, February and March.). You can arrange this with an account transfer so please consult City Hall.

2. Payment of Medical Expenses

When you go to see a doctor, submit your Insurance Card to the reception desk of the medical institution. You will be asked to pay 30% of the medical expenses. After the treatment, you must take the card home with you.

3. Necessary Notification

When changing your name or address, you should notify the city office within 14 days. In the following cases you are also required to report and return the insurance card:

- Joining the Employee Health Insurance
- Moving out from Beppu City
- Going on welfare
- Going back to your country

4. Payment of Insurance Premium

National Health Insurance is subscribed by each household and the householder representing the members (beneficiaries) must settle the insurance premium. Once the payment slip for the insurance premium is delivered to the householder, please settle the payment by the due date at a financial institute or City Hall. It is convenient and prevents missing a payment if you arrange it by automatic bank transfer.

Also the insurance premium is based upon your income and number of beneficiaries so please make an application at City Hall every year regardless of whether you have an income or not. There are cases in which the insurance premium will increase if you neglect this application. For Please consult the Insurance and Pension Division at City Hall for details.

5. Other Benefits from the National Health Insurance

(1) Giving Birth

The National Health Insurance provides you with 420,000 yen for subsidizing your maternity fee. When giving birth, if you make an application at the hospital, you can arrange to pay for only any expenses which exceed 420,000 yen.

If it cost you less than 420,000 yen, you can apply to receive the balance from City Hall after giving birth. If you give birth overseas, 404,000 yen will be subsidized. The mother can visit City Hall on her return from overseas to apply for this.

(2) Death of the Insured

The National Health Insurance also provides 20,000 yen to help pay for a funeral. To do the procedure, your national health insurance certificate, your name seal, your bankbook and the receipt issued by a mortician will be required. This benefit is applicable only if the person died in Japan. It will be paid to the person in charge of the funeral and burial arrangements.

The procedures, necessary documents, and premiums may differ in each person. For further information, please contact the Insurance Pension Division at the City Hall.

*Insurance Pension Division

TEL: 0977-21-1111

*Social Insurance

Your company will attend to all procedures on your behalf. For details, please contact your employer or Pension office.

Beppu Pension Office (Japan Pension Service)

ADDRESS: 2-41 Nishinoguchi-cho, Beppu City

TEL:0977-22-5111

6, NATIONAL PENSION SYSTEM

1. Important Point of the Japanese National Pension System and Other Public Pension Systems

(1) All people who are registered to live in Japan and aged between 20 and 59, irrespective of their nationality, must be covered by the National Pension system by law and must pay contributions.

(2) The public pension systems provides the old-age pension when you become old. They also provide the disability pension or the survivors' pension when you have unexpected events causing financial difficulties.

2. National Pension Coverage Categories and Enrollment Procedures

There are three categories of the insured person under the National Pension system. You can find your category and enrollment procedure below:

(1) Category I insured persons If you are registered to live in Japan, aged between 20 and 59, and you are not a Category II or Category III insured person (see (2) and (3) below), you are a Category I insured person.

→ If you are a non-Japanese resident and a Category I insured person, please make sure you complete your residence registration at your local Municipal Office first. Then you need to register your enrollment to the National Pension system at the same Municipal Office.

→ When you become a naturalized Japanese citizen while you are covered by the National Pension system, you need to report to the office the change of your status.

→ Japan Pension service will send you contribution payment notice. Please use the notice to pay your contribution. (see "5. Monthly Contributions" below)

(2) Category II insured persons

If you are employed to work at a company or such workplaces, and are covered by employees pension insurance systems including the Employees' Pension Insurance system, you are a Category II insured person.

→ Your employer is responsible for completing your enrollment to pension system on behalf of you. For more details, you can ask the staff in charge of social insurance at your workplace.

→ Your contribution is deducted from your salary and then your employer will pay it to the National Pension Insurance Office.

(3) Category III insured persons If you are a dependent spouse of a Category II insured person, and are aged between 20 and 59, you are a Category III insured person.

→ Your employed spouse (Category II insured person) should submit a declaration stating that you are a qualified dependent spouse to the National Pension Insurance Office through the employer of your spouse. For more details, you can ask the staff in charge of social insurance at your spouse's workplace.

→ You do not need to pay contribution; contributions of Category III insured persons are borne by Category II insured persons as a whole.

3. Pension Handbook

When your enrollment procedure is completed, you will receive your Pension Handbook. Please note you will need it throughout your lifetime and make sure you always keep it in a safe place. Your Pension Handbook is essential to prove your identity when you apply for your benefits or inquire about your benefits.

4. National Pension Benefits Amount

(1) Old-age Basic Pension If you have paid the National Pension contributions for at least 25 years and meet the conditions, the following amount is paid when you become 65 years old. *1 ★Benefit amount = ¥772,800 (annual amount in FY 2014 for those who have paid contributions for 40 years)

(2) Disability Basic Pension The following amount of the Disability Basic Pension will be paid to you if you become sick or get injured while you are covered by the National Pension and that sickness or injury eventually causes such disability as specified as the Grade 1 or Grade 2 disability.

★Benefit amount = ¥966,000 (annual amount in FY 2014 for the Level 1 disability)
¥772,800 (annual amount in FY 2014 for the Level 2 disability)

(3) Survivors' Basic Pension When an insured person of the National Pension system dies, the following amount of the Survivors' Basic Pension is paid to his/her spouse taking care of their children or to his/her dependent children.

★Benefit amount = ¥995,200 (annual amount in FY 2014 for a spouse with one child)

*1 If you become a naturalized Japanese citizen or if you are admitted as permanent resident before you become 65 year old, your overseas residence period between April 1, 1961 and the previous day you become Japanese citizen, within your age between 20 - 59, will be considered as "complementary period". The complementary period is the valid period to be included to see if you satisfy the 25-year period requirement to be entitled to the Old-age Basic Pension, but is not considered in benefit amount calculation.

*2 To be entitled to the Disability Basic Pension or the Survivors' Basic Pension, you need to meet specific contribution payment requirements. For more details please ask the Social Insurance Office or the Municipal Office.

5. Monthly Premium

The premium for the National Pension is set at ¥15,590 per month for April 2015 through March 2016. You must pay due monthly contribution by the end of the following month. You can pay your premium in cash at banks and other financial institutions, post offices, and convenience stores. You can also pay it using automatic bank transmission, credit card or the Internet payments.

Or, you can pay them at a discount rate if you opt to make advance payments for some future months at a time. You will have receive a deeper discount if you opt to make advance payments using automatic bank transmission instead of cash payments.

The amount of the payment is gradually increased every April.

6. Difficulties in Paying Insurance Premium

If there is economic difficulty in settling the payment, please consult City Hall rather than falling behind in payments. In some cases when a special circumstance is found and approved of, payment may be exempted. The exemption of the payment only for students will be applied when you make notification.

7. Change of Address

When you move out from Beppu, please present your "Nenkin-Techo" and report the change to City Hall. *Insurance Pension Division Tel: 21-1111

8. Lump-sum Withdrawal Payments for non-Japanese people

If you are non-Japanese, you may file a claim for the Lump-sum Withdrawal Payments within two years after you leave Japan. To apply for it you need to satisfy the following conditions; you have contributed to the National Pension for at least six months in contribution period for the Old-age Basic Pension. The Payments amount is determined based on total (excluding your insured periods as the Category II or the Category III insured person); you have not satisfied the qualifying on the number of your contributed months as shown on the table. If you have contribution-exempt period, your total number of contributed months are calculated as follows:

【National Pension】

Number of your fully contributed month + (number of your one-quarter-contribution months) × 1/4 + (number of your half-contribution months) × 1/2 + (number of your three-quarter-contribution month) × 3/4

(As of Fiscal Year 2014)

Total Paid Period	Pay Ratio	
	Your Last Month is in Apr. 2014 –Mar. 2015	Your Last Month is in Apr. 2013– Mar. 2014
Between 6 and 12 months	¥45,750	¥45,120
Between 12 and 18 months	¥91,500	¥90,240
Between 18 and 24 months	¥137,250	¥135,360
Between 24 and 30 months	¥183,000	¥180,480
Between 30 and 36 months	¥228,750	¥225,600
36 months or more	¥274,500	¥270,720

Those who have been insured under the Employee Pension Insurance can receive an amount by multiplying the average standard monthly allowance during the insured period by the rates shown in the following table.

(As of Fiscal Year 2014)

Total Paid Period	Months	Pay Ratio	
		Your Last Month is in Sep. 2013 – Aug. 2014	Your Last Month is in Sep. 2014 – Aug. 2015
6 months or longer period, but under 12 months	6	0.5	0.5
12 months or longer period, but under 18 months	12	1.0	1.0
18 months or longer period, but under 24 months	18	1.5	1.5
24 months or longer period, but under 30 months	24	2.0	2.1
30 months or longer period, but under 36 months	30	2.5	2.6
36 months or longer period	36	3.0	3.1

【How to Apply for Payments】

(1) Before you leave Japan, please register your withdrawal from the National Pension at the same time you delete your residence registration at your Municipal Office. The claim form for the Payments is available at any National Pension Office.

(2) After you leave Japan, please complete your claim form carefully and send it by airmail to the headquarters of Japan Pension Service (Suginami-ku, Tokyo) together with necessary documents.

(3) When you receive the lump-sum withdrawal payment without receiving it, those can receive the payment in place of the applicant, such as his or her spouse, child, parent, grandchild, grandparent, or sibling living on the same income source, or a member of the same fiscal household at the time of the applicant's death.

Please note that once you receive your Payments, you may not be entitled to regular Japanese pension benefits or totalization benefits under the relevant social security agreement.

9. Re: Social Security Agreements

In order to eliminate dual compulsive coverage as well as to totalize qualifying periods for benefits between two countries, there are bilateral social security agreements between Japan and several countries. Please visit the website of Japan Pension Service for more details;

<http://www.nenkin.go.jp/>

You can also call the following number for information (you can call from anywhere in Japan with only local call rate), but communication in only Japanese is available.

0570 - 05 -1165

10. Contact Point for your National Pension

If you have any questions about National Pension System or your National Pension, please contact your local Municipal Office or National Pension Office. You can refer to the list of the national Pension Offices on the web;

<http://www.nenkin.go.jp/office/index.html>

National Pension Division, Beppu City Hall
Address: 1-15 Kaminoguchi-machi, Beppu
TEL : 0977-21-1111

Beppu National Pension Office:
Address: 2-41 Nishinoguchi-cho, Beppu
TEL : 0977-22-5111

7, RENTING AN APARTMENT OR A HOUSE

1. Real-Estate Agents

Real estate agents can help you find an apartment or house to rent. If none is available, you can contact the following real-estate associations to which about 85% of real-estates belong. These associations would also accept your claim should you run into any trouble with your landlord.

'Oita Ken Takuchi Tatemono Torihikigyo Kyokai'

'Zenkoku Takuchi Tatemono Torihikigyo Hosho Kyokai, Oita'

Tel: 097-536-3758



This sticker proves that the agent is a member of the association.

2. Rent Listings in Magazines

Apartments and houses for rent are also listed in magazines that are available at convenience stores and bookstores. These magazines are generally placed near the registers and are published on the 10th of each month. They feature diagrams and explanations of the housing, and if you are interested in something listed, you can call the real-estate agent noted in the page. The locations of these real-estates are also usually shown with a map.

When you call a real estate agent, you can ask to see one or more apartments, and they will take you there. All the contract work and explanations are done through these agents.

3. Deposits

"Tetsukekin," an initial deposit, is paid to the landlord to guarantee the completion of the formal contract for the property you want to rent it. This deposit will be appropriated to a part of the first month's rent after the contract is finalized.

4. Rent and Fees

In Japan, various fees are required when renting an apartment or house:

A. "Shikikin," left with the landlord as a security for your monthly rent payment, totals about three months' rent, and is used toward cleaning and recovering the floors and walls before the next renter moves in. The remaining portion of Shikikin or key money is refundable when you move out. It is advised to give at least one month's notice before moving out, so that you can get this money back as soon as possible.

B. "Kenrikin," also called "reikin," or thank-you money, is usually about one month's rent to give to the landlord, and it is non-refundable.

C. "Chukai-Ryo" is the commission given to the real-estate agent. According to the regulations, it should be less than one month's rent, and this is non-refundable.

D. "Yachin" is the monthly rent. You must pay the rent for the following month by the end of each month. When you make a contract in the middle of the month, the rent will be calculated on a daily basis from the day when the contract is made to the end of the month. When moving out, however, the whole month's rent must be paid even if you leave in the middle of the month. With the above fees, plus the first month's rent, you can expect to pay about five month's worth of rent before moving in.

E. Some landlords require a guarantor, or "hoshonin." This person should be Japanese if possible and be willing to countersign the contract. In case the payment falls into arrears, the guarantor has to take the responsibility.

F. Some apartments also have a monthly charge called "Kyoekihi," which is used for maintaining the common spaces. This charge is simply tacked on to your monthly rent check. It should also be considered that Japanese apartments in most cases are not usually equipped with a gas range, oven, refrigerator or furniture. Some people choose to buy furniture and household goods at large discount stores.

5. Renewal of Contract

The term of contract is usually for one or two years. In most cases, the rent is raised at the time of renewal and, in some cases you must pay one month's rent to the landlord as a supplement of "shikikin (deposit)".

*Subleasing a leased apartment or house is illegal.

8, MOVING

When moving, most people hire professional movers. Some moving companies offer various services such as packing, so you can select a company that best suits your needs. Pricing depends on the volume of household goods, distance of the move, etc., and moving companies will give you an estimate of their charges. With the estimate, it is recommended that you have good talk with the company to decide details of the service provided.

Early notification to your landlord is also recommended. Please don't forget also to complete the following procedures.

(1)Residence Registration

Please see page 2.

(2)National Health Insurance, National Pension (Only if applicable)

Before moving out, please report to the City Hall or one of its branch offices and return your National Health Insurance Certificate.

(3)Report to telephone, water, gas, electricity and utility service offices to adjust the final charges before you move.

(4)Report New Address to Post Office

If you submit the notice of moving to a post office, all your mail sent to your former address is automatically forwarded to your new residence for one year after moving.

(5)Collection of Bulky Waste (Chargeable)

Please contact “kankyo-ka” or the Environment Division to apply for collection of bulky waste or large waste items. For details, you can refer to the chapter “Waste.”

(6)Collection of Bulky Waste (Chargeable)

Please contact “kankyo-ka” or the Environment Division to apply for collection of bulky waste or large waste items. For details, you can refer to the chapter “Waste.”

9, ELECTRICITY

1. When moving in:

(1) When you want to start using electricity, press up the ampere breaker to connect it.

(2) Fill in the necessary information on the previously received application form and mail it.

(3) If there is no electricity coming in after doing the step 1) or you don't have application form, please call the service station below:

Kyushu Electric Power Company, Beppu TEL 0977-23 -0261

2. In the event of a power failure:

When the amperage used is higher than that in the contract, the amperage breaker is activated. In such a case, turn off some electric appliances to reduce the amperage to the appropriate level, and push up the breaker switch to connect it.

3. When you want to change the amperage in the contract:

(1) Apply to the Kyushu Electric Power Company.

(2) If you want to change the interior wiring of your home, ask an electrician.

4. When moving out:

(1) Please notify the Beppu branch of Kyushu Electric Power Company 4 or 5 days before the date when you wish to stop the service. The company will send personnel to your home the day of your moving out to make necessary arrangements to stop service and adjust your account.

(2) Without proper notification, the electric power company will be supplying electricity to a vacant house, which may cause an accident. In addition, the company will not be able to adjust your account accordingly, and this is likely to cause a problem between you and the person who moves in later concerning up to what day you must pay.

(3) When you notify the electric company of your change of residence, please give them your name, both old and new addresses and your account number. (Your account number is printed on your receipts and on the meter record.)

(4) The electric company will send personnel on the day of your moving out, but if you leave before they arrive, please disconnect the ampere meter by pressing the switch down. Later, Kyushu Electric Power Company will send a bill to your new address.

5. Standardized Electric Appliances:

The electric current in the Kyushu area is 60 hertz/100 volts. Before using appliances, check that it can be used with the local current. Incorrect voltage can damage some appliances.

10, GAS

There are two types of gas services in Beppu; one is Oita Gas (4500 kcal / h) and the other is LP Gas (0.63 kg / h). The type to use depends on the appliances you have. Using gas that is not suitable for your appliances is extremely dangerous, possibly resulting in incomplete combustion or a fire, so please ask your landlord or real estate agent which type of gas you should use.

1. When moving in or out:

(1) City gas: Call Oita Gas Company, Beppu branch (TEL) 0977-24-2111, at latest two to three days before moving in. Also, when moving out, the billing information must be changed and accounts settled, so be sure to let them know four or five days beforehand, your customer number which is written on your meter record.

(2) LP Gas: Please contact your nearest LP Gas office.

2. Paying your bill:

You may prefer to have the money withdrawn automatically from your bank account.

3. Points of special attention:

(1) After using your stove, double-check to see that the gas is turning off completely from both valves.

(2) When using a gas stove, make sure there is adequate ventilation in the room, either from a window or a fan.

(3) Do not use mini-boiler units for showers.

(4) It is best to change the rubber hose to the stove after 3 years of use. Note the production date and change it in good time.

(5) In order to prevent accidents, it is best to get an alarm to detect gas leaks.

4. In case of an emergency:

(1) If you smell gas, open doors or windows and quickly turn off the gas valve. Distinguish all open flames. Do not touch electric outlets or switches. Notify your neighbors and call the nearest Oita Gas or LP Gas office right away.

(2) If you use Oita Gas, it is lighter than air, so open all doors and windows and wave the gas out. If you use LP Gas, it is heavier than air, so push the gas out with a broom or similar object.

(3) When the gas doesn't come on, contact nearest Oita Gas or LP Gas office right away.

11, WATER SERVICE

Beppu Waterworks Bureau manages water service in Beppu. Water in Beppu is kept safe and clean and you can drink it as it is. Water is one of our valuable limited resources. Let's use water sparingly!

1. Please notify the Waterworks Bureau in the following cases:

- (1) When first using water after moving in
- (2) When stopping the water service to move out or planning not to use it for a long time
- (3) When the user changes
- (4) When there are mistakes or changes on your notification.

*If you live in an apartment or condominium, please contact its owner or caretaker.

2. Where to Notify:

Please come in person or call Beppu Waterworks Bureau Office. At the time of notification, please inform your user's number to the office.

Beppu Waterworks Bureau Office

Address: 3088-27 Aza Noguchibaru,

Oaza Beppu, Beppu

(Located just North of City Hall)

Tel : 0977-23-0361 (Open 24/7)

3. Water Rates:

Water meters are read every two months and users are billed accordingly.

Pay the water bill every two months.

The way of paying the bill is either 1) paying at the Waterworks Bureau Office or bank counter or 2) automatic bank transfer. *Please apply at a bank.

« Attention »

Delay in payment may results to stopping the water service.

4. In Case of Trouble:

(1)If the water pipe bursts, please contact with Beppu Waterworks Bureau Office or an authorized plumbing office. (only Japanese speakers available)

*For information on authorized plumbing vendors, please check the Water Bureau homepage. (Only Japanese speakers available)

(2) In case of water leaks : When water leaks from a flush toilet, a gas water heater, a solar water heater, an electric water heater, etc., ask an authorized plumbing vendor, the manufacturer, or shop where you made your purchase, to repair it.

*The Waterworks Bureau does not provide repair services for equipment.

(3) When drainage pipes are clogged and water does not run:
Contact an authorized sewage plumbing vendor.

*For information on authorized sewage plumbing vendors, please check the City Hall Water Sewage Division homepage.

(4) When you cannot use water due to frozen pipes:
Cover the water pipe with a towel and slowly pour hot water over it.
Please be careful not to pour boiling water in haste over the frozen water pipe since it is liable to burst due to this.

Please contact either the Waterworks Bureau or Sewage Water Division when you need further information:

«Waterworks Bureau»

Address: 3088-27 Aza Noguchibaru, Oaza Beppu, Beppu
(Located just North to City Hall)
Tel : 0977-23-0361 (open 24/7)

«Sewage Division»

Address: 1-15 Kaminoguchi-machi, Beppu (3rd Floor of City Hall)
Tel: 0977-21-1486

12, PUBLIC UTILITY CHARGES

Electricity, gas, water and telephone charges must be paid by the due dates. If you ask your bank for bank transfer, the money is withdrawn from your bank account automatically on designated dates and the receipt is sent to you later. If you use this, you do not have to be bothered for payment troubles nor need to wait for a collector to visit your residence for each payment. The application procedures are the same for any public utility fees. Just visit your bank with your seal that was used to open your account, your bankbook, and the previous month's receipt of the utility bill to apply for automatic transfer. You may also request this automatic withdrawal at the time of applying for utility service.

***How to Open an Account**

When you open a savings account, go to a bank or a post office with 1) Your official ID certificate, such as the Foreign Registration Card or your passport and 2) your seal. (Some banks allow foreign citizens to use their signatures instead of a seal to make a contract.) You can apply for a cash card at the same time. With a cash card, you can utilize ATM (Automatic Teller Machine) and CD (Cash Dispenser) services even after banking hours.

There are some regulations which apply per the Foreign Exchange Law. Please ask a bank for details in advance.

13. WASTE

1. How to put out your waste

Beppu City trash vehicles collect waste at designated points periodically.

·The collection day differs in each residential district. Please check the “Garbage Collection Calendar” provided by the Environment Division of the city office and its branches. You can download this calendar from the “Garbage Disposal” page of city website.

·There are 4 categories of waste : “Burnable (Combustible Waste)”, “Non-Burnable (Incombustible)”, “Cans/Bottles/PET Bottles (Recyclable)”, and “Used Paper/Used Fabrics(Recyclable)”.

·Put waste in city-designated waste bags, fasten the bags tightly, and place the waste at designated points before 8:30 in the morning of the collection day.

·Check the “Beppu City Waste and Recyclable/Disposal Calendar” to confirm the garbage collection schedule.

·The maximum amount that can be collected per collection is 5 bags. If you cannot put them out all at once, please divide them accordingly or apply for a Special Collection (fee incurs).

·Please keep to the rules to avoid trouble with your neighbors.

(1)COMBUSTIBLE WASTE

·Collected two times a week

Kitchen waste, rubber/hide products, styrofoam, cooking oils, plastic containers (shampoo bottles, oil containers, detergent dispensers which have the following mark on them)



·Put in city-designated combustible waste bags (green colored) and fasten them tightly.

·Remove any metal fixtures from leather products

·Be sure to drain off kitchen garbage.

·Harden cooking oil with a coagulant or soak in cloth. For large amounts, contact the Recycle Information Center (TEL:0977-25-5310).

(2)INCOMBUSTIBLE WASTE

Collected twice a month

Glassware, ceramics, batteries, metals, spray cans, gas canisters, cosmetic bottles, plastic products (excluding plastic containers).

*Put in city-designated incombustible waste bags(transparent) and fasten the bags tightly.

*Use up spray cans or gas cans completely before disposal.

*Dangerous items such as broken mirrors, glasses, knives must be wrapped in something like newspapers and labeled with the word “DANGEROUS” before being placed in the city-designated bags.

(3) Cans / Bottles / PET Bottles (Recyclable Materials)

·Collected twice a month

Empty the contents and make sure to rinse the inside.

Cans: beverage cans, tea, canned foods, milk cans, confectionary tins, etc.

Glass containers: beverage bottles, seasoning bottles etc. (excludes oil bottles), energy drink bottles, instant coffee bottles, dressing bottles, (excludes large size sake bottles (1.8 liters), beer bottles)

PET bottles: only beverage, liquor, soy sauce, vinegar bottles marked with the PET logo.

Bottles which do not have this mark are regarded as Combustible Waste.



*Recyclable materials are not waste. Separate them from waste and keep them clean. Please help reduce waste by recycling.

*Before disposal, please rinse and put them in the city-designated bags (pink) for cans, glass, containers and PET bottles, and fasten the bags tightly.

*Metal caps are incombustible waste and plastic caps are combustible waste.

*PET bottle caps will be collected separately. For details, please call the Recycle Information Center (0977-25-5310).

*Returnable bottles such as 1.8ℓ sake bottles or beer bottles are collected by youth groups and residents associations periodically. You can also return them to local liquor shops.

(4) USED PAPER and OLD CLOTHES

*Collected twice a month

Used paper: Please sort them out into each group such as newspapers and leaflets, magazines and corrugated cartons, and tie them up in a crisscross manner. In rainy weather, please put them into (semi-) transparent bags. Old clothing: regardless of the weather, place them in (semi-) transparent bags.

Please divide up your waste. Waste recycling is environment-friendly. Thank you for your understanding and cooperate.

(5) OVER-ABUNDANT WASTE and BULKY REFUSE

Furniture such as dressers and beds, microwave ovens, bicycles, and any the other items that don't fit in the city-designated waste bags.

*These items are not picked up by regular trash vehicles. You have to apply for chargeable collection from your residence on Wednesdays.

*The procedure requires some time so please contact the Environment Division (TEL: 0977-66-5349) well in advance.

Collection fees: Large Waste Items--Fees differ depending on each item, such as 300 yen, 600yen or 800 yen (excluding tax.).

Bulky waste:8,000 yen for one carload of 2 ton truck (excluding tax.)

*Televisions, air conditioners, washing machines, driers, refrigerators, freezers are items to be recycled according to the Recycle Law. For details, contact us at the Environment Division (0977-66-5353).

*Personal computers and motorbikes are items to be collected and recycled by their manufacturers. For details, contact us at the Environment Division.

Regarding personal computers, please contact.....

PC 3R Promotion Association

<http://www.pc3r.jp/e/home/index.html> (English)

(6) ITEMS THAT CANNOT BE COLLECTED

Tires, gas cylinders, waste oils, agricultural chemicals and other dangerous chemicals, fire extinguishers, motorbikes, dangerous combustibles, car batteries, paint, solvents and sharp home-use medical disposals.

*These items cannot be collected, so ask the retail stores where the items were purchased to handle them.

2. Others

If you should have any questions in regards to separating waste or require collection of pet's, corpse, please contact the Environment Division or "Kankyo-ka."

TEL : 0977-66-5353

14, EXCHANGE WITH YOUR NEIGHBORHOOD

1. What is "Jichi-kai"

"Jichi-kai" consists of people living in same residential district, "Jichiku", and carries out many community activities including cleaning parks and organizing town events to make a comfortable society for one another.

Becoming a member of "jichi-kai" is not compulsory, but for better daily living, it is recommended to join it. Should you have any anxiety or problems about your life such as disaster or illness, you can seek some advice from "jichi-iin" or "minsei-jido-iin" in your neighborhood.

JICHI-IIN: Beppu City has 145 "Jichiku". Per "Jichiku", the mayor entrusts the duty of "jichi-iin" to a person who is recommended for the position. His or her duty is to facilitate communication between the city administration and citizens.

MINSEI-JIDO-IIN: A "Minsei-jido-iin" or welfare-child-care commissioner is a person who supports people in needs by investigating, guiding, and counseling, and to cooperate with the administrative authorities concerned such as the welfare office and children's guidance office.

·How to join

If interested, you may ask your neighbors. Once joined, you must pay a small amount of membership fees, which are used for various purposes including maintenance of streetlamps, city gazette subscription, fire and disaster prevention and sanitation measures.

2. What kind of group is the "Kodomo-kai"?

The "Kodomo-kai" or neighborhood children's association is often established as part of "jichi-kai" like "Fujin-bu" or women's group, and "Rojin-kai", or senior citizens' association. It carries out activities for children, such as sports meetings and recreations to enlarge a friendly circle of children.

3. When you leave your house empty for long periods

To protect your home from disaster and crime, you should let your neighbors know about your absence. If you are subscribing to a newspaper or having milk delivered, don't forget also to stop delivery during long absences.

15. OBTAINING A MOTOR BIKE (under 125cc)

You can register, transfer your motor bike, or put it out of service at counter No. 12 of the Taxation Division of the City Hall free of charge.

The tax will be imposed every year on the registrant as of April 1st. Therefore, when you transfer it or go back to your country, you must go through deregistration formalities or you will not be exempt from taxation since the registration will remain valid.

The application are accepted on weekdays between 8:30 and 17:00. Closed on Sat, Sun, Holidays, the end and the beginning of the year. Open during lunch time.

1. Registration...A license plate will be provided.

Requirements

- Sales Certificate (If you no longer posses, smear paper with pencil and copy the car body number or a photograph of the car body number taken by a mobile-phone camera, etc.)
- Your Seal
- Residence Card
- Student ID (If you are an international student.)

2. Deregistration...Return the license plate.

Requirements

·License Plate

·Seal of the registrant

*If you cannot return the license plate, you must pay 200yen as an indemnity.

Transfer...After the former registrant returning the plate and going through formalities to put the bike out of service, we will provide a new plate for a new registrant.

Requirements

·License Plate

·Seals of the former and new registrants

·Residence Card and Student ID of new registrant

·Contact → Taxation Division, Beppu City Hall

·Tel 0977-21-1111 (ex. 7711, 7712)

*Branches can only accept applications for deregistration.

·Kamegawa Branch 0977-67-0174

·Asahi Branch 0977-67-1218

·Nanbu Branch 0977-25-1531

〈Light Vehicle Tax〉 (Yen/Year)

Motorbike	under 50 cc	1,000 Yen
Motorbike	under 90 cc	1,200 Yen
Motorbike	under 125 cc	1,600 Yen

16, OBTAINING A DRIVER'S LICENSE

1. CONVERTING A FOREIGN LICENSE TO A JAPANESE LICENSE

To drive in Japan, you have to hold an international driver's license – which is valid for one year since your first date of entry to Japan, or from the date printed on the license, either the shorter - or a Japanese driver's license. If you hold a driver's license of your home country and meet the following two conditions, you can apply for a Japanese driver's license.

1. The driver's license from your home country is still valid.
2. You lived in the country where the license was issued for more than three months after you obtained the license.

*Even if your international license has expired, if you meet the above two requirements, you can apply for transfer of your home country's license to a Japanese driver's license.

*To obtain a Japanese driver's license, you are required to pass a written exam and a driving technique test.

To pass the written test, you must give correct answers for at least 7 out of 10 questions. Currently, the exam is administered in six different languages (English, Chinese, Korean, Spanish, Portuguese and Persian) along with Japanese language.

Those who passed the written exam can take the driving technique test. You can choose either an automatic or manual automobile of the license center to drive in the test.

REQUIRED DOCUMENTATION

- A. License Application Form This form is available at the licensing center.
- B. Your valid driver's license from your home country.
- C. Your passport
- D. Residence Card (Please check to see if still valid)
- E. Residence Certificate
- F. Translation Certificate (Official Japanese translation of your driver's license)

This implies a Japanese translation of your valid driver's license from your home country

The translation service is available at your home country's embassy or consulates, but here in Oita, there are none, so JAF (Japanese Automobile Federation) provides this service. Please apply with copies of B, C and D, with a fee of 3,000 yen. You can also make an application by mail. For details, please contact:

JAF (Oita Branch)

Nippon Jidosha Renmei Oita Branch 119-2 Shimogori Oita City,

TEL : 097-567-7000

G. One photo (3 cm×2.4 cm)

Taken without a hat or any objects in the background. Instant photos or digital photos are not acceptable.

H. Fees

Fees differ depending on which license you are trying to obtain. Generally, you have to pay for examination, screening, issuance, and automobile rental charges.

I. International driver's license (if you have one)

*You must call and make a reservation beforehand. In case you cannot speak Japanese, ask someone to call on your behalf.

2. OBTAINING A DRIVER'S LICENSE FOR THE FIRST TIME IN JAPAN

If you are 18 years or older and a foreign national who has registered in Oita Prefecture, you can try to obtain a first-category full license or temporary license. If you are 16 years or older, you can apply for a license of a motorized two-wheeled vehicle. The test is administered in Japanese or English. To prepare for the test, most applicants take a course at a driving school. If you already know how to drive, however, you can apply directly to the licensing center. If not, you can enter a driving school and take lessons. But, please note that lessons tend to be expensive and many schools will not accept people without a certain level of Japanese proficiency.

For more details, please call the licensing center.

3. RECEPTION DESK HOURS

The office is open Monday through Friday from 1 to 2 p.m. excluding holidays.

Oita Prefecture Driving License Center:

6687 Oaza Matsuoka, Oita City

Tel: 097-536-2131

*For those who cannot speak Japanese, you must bring a translator with you. If you pass the written test, you may then proceed to the training course and get your license at 4 p.m. on the same day.

*It is recommended that you call by phone in advance.

17, BANKING HOURS

1. Financial Institutions: Banks, trust banks, credit banks, credit associations and agricultural cooperative offices

(1) Workdays : Monday to Friday

(2) Office hours : 9:00 a.m. - 3:00 p.m.

(3) Offices are closed on Saturdays, Sundays and national holidays, but there are cash card services available. Some banks provide saving and sending services at ATMs both on and off duty days. Operation hours of ATMs vary from place to place. Please get more information about service hours from your own bank.

2. POST OFFICES

Savings and money order

*Monday to Friday 9:00 a.m. to 4:00 p.m.

Cash dispensers

*Monday to Friday 8:45 a.m. to 9:00 p.m.

*Saturdays and Sundays 9:00 a.m. to 7:00 p.m.

(NOTE) There are some branch offices which have cash machines but they set different service hours. For more information, please call the office that you intend to use.

18, MONEY EXCHANGE AND SENDING MONEY OVERSEAS

1. Money Exchange:

Money exchange is available at any bank or post office with the "Money Changer" sign.

2. Exchanging and Sending Money Overseas:

This service is available at major banks and post offices with the notice "Foreign Exchange Bank."

3. When exchanging money:

*You need to bring your passport with you.

*The amount of money that is allowed to be exchanged is limited. Please confirm the amount before prior to visiting.

4. Overseas Remittance from the Bank

*There are three ways to send money: telegraphic remittance, postal remittance, and check remittance. The charges are between 2,500 yen and 6,000 yen and vary depending upon how you send the money.

*Money sent by telegraphic transaction will be transferred to your home bank the following day, but may not be transferred into your account right away. The amount of time it takes will differ from bank to bank.

*Please get more information from your bank before trying to send money.

5. Overseas Remittance from the Post Office

Using the Overseas Remittance Service, you can send money from a nearby post office to a number of countries around the world. The service is available at 6,600 post offices throughout Japan.

(1) Services Available

There are two methods of making remittance; remittance to the payee's address or remittance to the payee's postal account.

(2) Number of Days Required for Delivery

For urgent overseas remittance, the speedy telegraphic remittance service is available. You can use telegraphic remittance services to the payee's address or payee's postal account.

(3) Handling Charges for Overseas Remittance

Postal overseas remittance does not cost you much when sending small amounts of money.

19, POSTAL SERVICE

You can find post offices or public mailboxes of Japan Post from the red sign, "〒". Postage stamps and post cards are available at post offices, stores with a "〒" sign or convenience stores.

1. When moving out

Please notify a post office of your new address by filling out "a change of address form." Every mail sent to the old address will be forwarded to the new address for one year after the notification.

2. When you are not home

Special delivery mail or parcels are not delivered during your absence and instead, a "notice of un-delivery" card is left in your mailbox. Just return the card after filling in your convenient date and place of delivery. You can specify your workplace or a place in your neighborhood, or nearby post office to receive it.

3. When being away from home for long period

If you plan to be away from home for long period, please notify a post office beforehand. Then post office will hold your mails for up to 30 days to prevent your mailbox from becoming overloaded. Just notify of the dates of your leave and return, and your mails will be delivered upon your return.

4. Others

Please inquire at a post office in the cases such as :(1) Postcards are spoiled with writing errors (2) mail not delivered to a place addressed, or (3) trying to get mail back after being posted.

5. Office Hours of Post Offices

Beppu Post Office operates its overseas and express mail business 24 hours everyday. The other post offices in Beppu are open Monday through Friday from 9:00 a.m. to 5:00 p.m.

6. Contact Number

For more details, you can call the following numbers.

Beppu Post Office, 4-23 Mochigahama

Mail Section : 24-0500 Saving Section : 24-1500 Insurance Section : 22-5268

*Please refer to the clause "Banking Hours" about insurance and saving services of Japan Post.

20, PART – TIME JOB

When international students want to begin a part-time job to support tuition or living expenses, they must apply and obtain permission to engage in activity other than that permitted by the status of residence previously granted regardless of the amount of time involved.

There are two ways to apply for a work permit: direct applications made by students themselves to the immigration office and indirect application made through the student's college.

In the later case, the student's college will submit application forms to the Immigration Bureau on behalf of the students.

When permitted, if there are no issues he or she can do a part-time job for up to 28 hours per week without specification on the content of work.

In the former case, the applicant's working conditions and contents will be examined, and if approved, subsequently issue a permit limited to the job.

In either case, any work involving adult entertainment services is not permitted.

For details: Fukuoka Regional Immigration Bureau Oita Port Branch Office
Tel. 097-536-5006

If you wish to visit in person, reference the map in the Resident Registration section.

When looking for a part-time job, there are listings in some of the English newspapers or you can find part-time job listing magazines available at bookstores and convenience stores.

21, EMERGENCIES

IN CASE OF AN EMERGENCY

< **Fire Department** > DIAL **119**

Fire, Ambulance (serious injuries from traffic accidents, sudden illness, serious burns, etc.)

< **Police** > DIAL **110**

Traffic Accidents, Crimes, Theft, etc.

When you make an emergency call to 119 or 110, you should explain in Japanese, what has happened, your name, address, telephone number and how to get to the site of emergency. It may be helpful to become familiar with some landmarks near your home to explain exactly where you live.

When you use a cell phone to make an emergency call, the area code (0977) is not required: push the button and dial 110 or 119. The same method applies for wire telephones. As for public telephones, an "emergency alert button" is built in the machine so coins or telephone cards are not required.

To make the call, pick up the receiver, push the emergency alert button and push 119 or 110.

< Examples of What To Say in Japanese >

DIAL 119

*Fire:	"KAJI-DESU"
*Injuries:	"KEGA-DESU"
*Sudden illness:	"KYUBYO-DESU"
*Calling an ambulance:	"KYUKYUSHA-O-ONEGAI-SHIMASU"
*Rescue:	"KYUJYO-O-ONEGAI-SHIMASU"

DIAL 110

*Traffic accident:	"JIKO-DESU"
*Crimes (ex. Robbery):	"DOROBO-DESU"

NOTES: When the police ask you more details about your trouble, please keep calm and tell them all you know. If you cannot understand Japanese, or if you cannot explain directions to the site of traffic accidents, fires, crimes or robberies, please ask a neighbor who can speak Japanese to call the police or fire department.

(3) We recommend you prepare for emergencies by posting such cards as follows:

< Example of Card >

For fire or emergency, call 119 First state whether fire or an emergency. Your name: Your address: Your phone number:

(4) When calling an ambulance

Ambulances are not available for illnesses or injuries that are not serious. In such cases, you will have to go to a hospital by taxi or car. In the event you should need an ambulance, have some money, your hospital appointment card, and Health Insurance Card ready. (Ambulance service is free of charge)

2. DISASTERS

(1) Fire Prevention

Let's be aware of the following to prevent any fires.

- Check to see if all cigarette butts are completely out
- Do not move away from the stove when in use
- Do not leave anything which catches fires easily near a stove
- Do not leave anything which catches fires easily around the house

(2)After a Fire Incident

In the event of experiencing a fire, please consult a nearby neighborhood association or a childcare welfare volunteer. You should be able to attain advice on concerns you may have to move forward. A fire extinguisher is useful to put out a fire in its early stages.

(3) Mutual aid system for traffic accidents

There is the Oita Prefectural Citizens' Mutual Aid System for Traffic Accidents. Those who have completed residence registration are eligible to join this system. Its annual fee is ¥360 a person. You can apply at City Hall or its branch offices.

For further details, contact the Beppu City Hall Citizens Affairs Division

[Tel:0977-21-1135](tel:0977-21-1135)

(4) Typhoons and Heavy Rains

Typhoons come to Kyushu periodically between June and October, bringing heavy rain and strong winds. They can cut off main service to gas, electricity, phone, or water. Traffic and schools may also be affected. Please pay attention to typhoons when approaching your area and prepare yourself against any disasters which may occur. For evacuation, please refer to the following “Emergency Precautions for Earthquakes.”

(5) Emergency Precautions for Earthquakes and Tsunamis

We have frequent earthquakes in Japan. Once an earthquake hits, houses may collapse, fires may break out, and tsunamis or landslides may occur. It is advisable to put together an emergency relief pack for yourself including a flashlight, a battery-powered radio, food rations (canned goods are best), mineral water and gloves.

When you feel an earthquake, protect yourself by hiding under a sturdy desk or table. Turn off all gas, ovens, and heaters and secure doors to stay open. Keep away from large furniture or objects that could overturn on you. Please also be sure to confirm where your fire extinguisher is and how to use it.

If you happen to be on the streets when an earthquake occurs, take refuge in an open area, away from walls, glass, advertising boards, or other things that are likely to fall.

If there has been a serious earthquake, take refuge at the nearest Designated Evacuation Area (SHITEI-HINANJO). It is important to confirm the location beforehand. In most cases, designated evacuation areas are such as elementary, junior high schools, public halls and parks. Please visit the website of Beppu City since you can find 113 designated places.

Refuges will be open after Beppu City sets up the head office to cope with the disaster. If you feel danger, evacuate to those areas immediately.

When you feel an earth near seacoast or the area under 10 meters above sea level, go toward the upland areas since a tsunami may happen. If you can't find an upland area, take refuge on upper floor of a well-built building. We recommend you collect information about tsunami on the radio or TV.

Please calm down and try not to go into a panic, bring minimum necessary items with you, and move with your neighbors. Go on foot, with thick-soled shoes, a long-sleeved shirt and long pants, gloves, and a cap or helmet if possible. Keep identification with you all time, and if you have young children or elderly family members, attach a nametag to them (including name, address, phone number, age, and your name).

If you cannot find friends or family members before taking refuge, leave a note behind telling them your whereabouts. Also, remember that your family and friends overseas may not be able to get a hold of you, so contact them and/or your country's embassy when lines are available to let them know you are okay.

For further information, contact the Risk Management Office.: 0977-21-2255

In times of emergencies such as listed above, acquire accurate information from radios and televisions to take the appropriate action.

3. LOST AND FOUND

(1) Lose on Buses or Trains

If you lose or forget something on the bus or train, please contact the following:

*Oita Bus Co.,

*Oita-Kotsu Bus Co., 0977-67-1331

*Kamenoi Bus Co., 0977-23-0141

*JR Kyushu General Information Desk

(2) Lose in Taxis

If you left your belongings in taxi, first contact "Beppu Taxi Association".

*Beppu Taxi Association: 0977-23-1871

Within adequate time, the taxi company is expected to turn lost property over to the police. In this case, contact the nearest police station to where you lost your belongings.

(3) Lose Personal Belongings in the Street

When you lose something in the street, etc., contact the nearest police station or police box.

4. HEALTH INSURANCE

We recommend that you join the health insurance system to save money on medical fees. Anyone who has completed Foreign Registration (except those on short-term stay less than one year) can join this system. Refer to the chapter, "Health Insurance" for more information.

5. ILLNESS OR INJURIES

In case of illness or injures, call the doctor first. If you need to see a doctor and your family doctor is not available, there are designated hospitals each night. When you need to find out the closest designated hospital or urgently need more information, call the fire department at: 0977-25-1122

Please reference at the back of this booklet for translations on symptoms.

22 , HEALTH CARE

1. Medical Examination

A healthy life starts from being aware of the condition of your body on regular basis. It is important to discover medical problems at an early stage so that they can be treated as soon as possible. Please make full use of annual medical checkups conducted by the Municipality.

< Types of Medical Checkups >

- Examinations available at medical institutions
- Battery of medical checkups conducted by Beppu City
- Examinations by traveling clinics including Sunday checkups

If you want to know the schedule of these checkups and more details, please contact the Health Promotion Division.

(Beppu Health Center 15-33 Kaminoguchi-cho, Beppu City Tel:0977-21-1117)

2. AIDS

Consultation Organizations for AIDS

Eastern Health Center

Telephone Consultation for AIDS	TEL:0977(67)7040 Except the end and the beginning of the year and national holidays Monday - Friday 8:30-17:15
HIV Antibody Testing	Call and make a reservation.
Homepage	http://www.pref.oita.jp/12041/

Japanese Foundation for AIDS Prevention

Consultation for AIDS	Toll-free:0120-177-812 (When calling from a cell phone:03-5259-1815)
JFAP AIDS Support Line	24 hrs automatic answering service in 8 languages (Japanese, English, Spanish, Portuguese, Thai, Chinese, Korean, Tagalog) Tokyo: (03)5940-2127 Kobe: (078)265-6262 Fukuoka: (092)418-1818
Homepage	Japanese Foundation for AIDS Prevention http://www.jfap.or.jp Information Net for AIDS Prevention http://api-net.jfap.or.jp from cell phone http://api-net.jfap.or.jp/i

23 GIVING BIRTH AND PARENTING

1. When you're Expecting...

In Japan, there are various services available to pregnant women and babies. To be eligible for the services, you must have to complete residence registration.

Once your pregnancy is confirmed, it is recommended that you submit a pregnancy notification form to Beppu Health Center or branches of Beppu City Hall (application forms are available at obstetric and gynecologic clinics in the city as well). Then, you can obtain "Boshi-kenko-techo" or a Maternal and Baby's Health Guidebook. It is written only in Japanese, but this booklet includes some medical checkup tickets for an expectant mother and her baby. This Maternal and Baby's Health Guidebook is also necessary when you report the birth to the office. In addition, you can record the history of your baby's growth in it too. For more details, contact the Health Promotion Division. (For details, reference "Non-Japanese Individuals registration" on page 2.)

2. After giving birth

(1) After giving birth, you are required to complete a Birth Notification within 14 days to submit to City Hall and other organizations and attend to other procedures. (For further details, please reference "Non-Japanese Individuals registration" and "(6) Child is Born In Japan" on page 2, "4. FAMILY REGISTRATION (1) Giving Birth" on page 6.)

(2) If you are a member of the National Health Insurance, ¥420,000 is provided for you to support the cost of giving birth as lump sum birth allowance. (Please reference "HEALTH INSURANCE SYSTEM" on page 7.) If you are a member of the Social Health Insurance, please apply to your company.

(3) Please send the postcard attached to the Maternal and Baby's Health Guidebook to the Beppu Health Center. A public health nurse/midwife will visit you to give advice on your child's medical checkups and vaccinations.

(4) Consulting services for nursing is given at Beppu Health Center. A health nurse or a dietitian can give you advice.

*Please check the City Bulletin Board /Homepage for schedules

*Venue..... Health Promotion Division

(Beppu Health Center 15-33 Nish-Noguchi, Beppu City)

(5) Medical Checkup for Infants / Vaccinations

Beppu City provides medical checkups for infants and vaccinations for residents registered to the municipality.

The dates and relevant details will be listed in the "Shihoo Beppu", Child Rearing Support Calendar, or City Hall Homepage. When taking a medical checkup or vaccinations, please bring your Maternal and Baby's Health Guidebook on the day. For further information, call the Health Promotion Division (Tel: 0977-21-1117).

3. Education for Children

In Japan, schools begin in April, and usually there are three terms: first term (from April to August), second term (from September to December), and third term (from January to March). Between each term, we have a season's vacation.

(1) Nursery School

There are authorized nursery schools in Beppu which take care of children for these schools.

*Their parents who work or become sick. Those between about 6 months old and under elementary school age can enter. Please apply to the Family Services Division with the necessary papers.

*Application Term -- If you want your children to enter an authorized nursery school from April 1, you are required to complete an application between the beginning and the middle of January of the year. In case of entering in the middle of the year, if you apply by the 20th of the month, your child will be able to enter as from the 1st of the next month.

*Nursery Fee -- The fee depends on the amount of your income tax and other conditions.

(2) Kindergarten

Public Kindergartens (one-year) invite new pupils, who are going to enter an elementary school next year. (Only Higashiyama Kindergarten accepts from the aged 3-year olds.)The application is accepted around early December every year. If your child goes to a public kindergarten, Beppu City reduces childcare fee in accordance with the standard. If your child goes to a private kindergarten, Beppu City subsidizes.

(3) Elementary and Junior High School

Children aged six by April 1 of the year are enrolled at an elementary school. Pupils who have finished the six-year curriculum are enrolled at a junior high school. A civil is required to enroll at any public school.

On the day of the entrance ceremony, please be sure to bring the Notice of Enrollment, which is issued to the pupil's guardian by the Beppu Board of Education.

(4) High School

Students who have completed a total of a nine-year curriculum (six years in the elementary and three years in the junior high school) and have passed the entrance school. Examinations are qualified to go on to high school.

There is the "Beppu-Shougyo Municipal High School (Beppu Commercial High School)" in Beppu. The tuition is according to that of Oita prefectural high schools.

There is also a prefectural high schools: Beppu Shosei High School.

(5) Enrolling to a public school

At the same time of your residence registration to Beppu City, have a “Tennyugaku - tsuuchisho” or the Notice of School Transfer issued from the School Education Division of the Beppu Municipal Board of Education and submit it to your designated school

For more details, please contact the School Education Division of the Beppu Municipal Board of Education.

4. Child Allowance

This allowance is provided until children finish junior high school (meaning until the first March 31 after the child turns 15 years old).

【Allowance】

Under 3 years old : 15,000 yen / month / child

From over 3 years old to finishing Elementary School:

The first and second child : 10,000 yen / month / child

○After the third child : 15,000 yen / month / child

Junior High School Students : 10,000 yen / month / child

*For households which exceed the Income Limitation guidelines, 5,000 yen will be provided.

【Payment】

Three times a year, in February, June, and October.

5. After School Childcare Clubs

If guardians are out of home during day time such as for work, children can spend time at “Houkago-jidou-club” or at After School Childcare Clubs which promote the sound upbringing of children. In general, they are open from PM1:00 to PM6:00 on weekdays, and from AM9:00 to PM6:00 on weekends or seasonal school holidays.

For more details, please call the Family Services Division at City Hall.

Tel : 0977-21-1427

24, How to Take an Onsen Bath

Before bathing:

- ♠After preliminary splashing of water over your body, gently get into the bathtub.
- ♠If you abruptly immerse into the hot water, you may feel dizzy so it is advisable to take care.
- ♠Avoid taking a bath right before or after having a meal or drinking alcohol.

While bathing:

- ♠Sit still and relax in the bathtub, if it is not for exercising.
- ♠The time of bathing differs depending upon the water temperature. However, you should start off with 3 to 10 minutes and then gradually extend it as you get used to it.

After bathing:

- ♠Be careful not to become cold right after a bath, and take a rest for a certain amount of time.
- ♠Don't rinse your body with fresh water because it will wash away the effects of the minerals from the onsen water. (If you have sensitive skin, wash your body with fresh water or wipe off after a bath.)

Frequency of bathing:

- ♠Take a bath once a day for the first couple of days, then try twice or 3 times after that.

Notice:

- ♠You need 2-3 weeks for onsen treatment.
- ♠If you feel bad by taking a long bath 3-7days after you started, reduce the number of times to bath or stop bathing and wait until you recover.

Precautions for drinking hot spring water

- ♠As for a hot spring-drinking treatment, you should get an advice from the doctor who has a specialized knowledge of hot spring.
- ♠You can only drink authorized hot spring water.
- ♠In general, you can drink about 200-500 mls of fresh hot spring water a day and 100-200mls each time.
- ♠Some people like hot baths. On the other hand, others like it lukewarm. Get along well with everyone by mutual concessions.

- *Do not use towels in the bathtub.
- *Tie your hair back in order to prevent it from soaking in the water.
- *Do not leave your personal belongings to save the place in the washing area.
- *Do not bring any food or drink into the bathroom.
- *Please refrain from bathing when you have your period and/or diarrhea.
- *Do not swim nor dive in the bathtub.
- *Dry yourself before you go into the dressing room.
- *Do not wash clothes in the bath room.
- *Do not cause trouble to other people.
- *There may be onsen facilities that are not public which may decline guests with tattoos from entering.

25, Others

The following are illegal acts in Japan.

•Regarding an abandoned or privately owned bicycle

If you ride somebody's bicycle located in a park, street, station, etc., without the owner's consent, it will be an act of theft or embezzlement.

•Do not walk around with blades or knives.

There are people who walk around with a knife for self-protection. However, it is a crime to do so without a legitimate reason.

•Possession of stimulants, cannabis, etc.

It is a serious crime just for possessing narcotics, stimulants, etc.

•Driving an automobile, motorcycle without a driver's license

Driving without a driver's license is a violation of the Road Traffic Act and a criminal offense.

26, Size Charts and Dry-Cleaning

Avoiding Issues Concerning Dry-Cleaners

(1) When you buy clothes:

- Choose well-knitted clothes
- Look carefully for "handle-with care" labels

(2) When you bring clothes to a dry-cleaner shop

- Check for any stains or spots on your laundry
- Take off accessories and buttons if needed
- Get a receipt

(3) When you pick up cleaned clothes:

- Check to see if stains or spots have been removed
- Take the clothes out of the bag, then keep them in a dry wardrobe
- In case of dissatisfaction, claim it within six months

(4) Other precautions:

- Do not put chlorine insecticides in your wardrobe
- During "Tsuyu," or the rainy season, which is between June and mid-July, mold grows easily. Once it gets musty, you will find it difficult to get rid of the mold. Purchase desiccants at pharmacies or supermarkets so you can protect your clothes from moisture. It is also good to hang a desiccant in a dry wardrobe.

2. 衣料品のサイズ Clothes Sizes

(1) 子ども服 Children's Clothes

	身長(CM) Height	体重(Kg) Weight	靴(cm) Shoes	帽子(cm) Hat
新生児 Infants	50-70	~5	8~11	46
6ヶ月 6 Months	70	6	9~12	46
12ヶ月 12 Months	80	11	11~13	48
2歳 2 Year Olds	95	13	12~14	50
3歳 3 Year Olds	100	14	13~15	52

(2) 婦人服 Women's Clothes

	バスト(CM) Bust	ウエスト(CM) Waist	ヒップ (CM) Hip
S 7~8	78	58	80~88
M 9~11	82	63	85~93
L 12~13	88	69	90~98
LL 14~15	92	76	95~103
EL 16	100~108	79	100~103

(3) 紳士服 Men's Clothes

体型 Body Figure	意味 Details
Y 体型 (Y)	胸囲と胴囲の寸法差が、16cmの人の体型 Difference between chest & waist measurement is 16 cms
YA 体型 (YA)	胸囲と胴囲の寸法差が、14cmの人の体型 Difference between chest & waist measurement is 14 cms
A 体型 (A)	胸囲と胴囲の寸法差が、12cmの人の体型 Difference between chest & waist measurement is 12 cms
AB 体型 (AB)	胸囲と胴囲の寸法差が、10cmの人の体型 Difference between chest & waist measurement is 10 cms
B 体型 (B)	胸囲と胴囲の寸法差が、8cmの人の体型 Difference between chest & waist measurement is 8 cms
BB 体型 (BB)	胸囲と胴囲の寸法差が、4cmの人の体型 Difference between chest & waist measurement is 4 cms
E 体型 (E)	胸囲と胴囲の寸法差が、無い人の体型 No difference between chest & waist measurement.

(4) ブラジャー Bra

アンダーバスト Under Bust	トップバスト Top Bust	韓国、日本 Korea Japan	フランス France	アメリカ USA	EU
63～67	77～79	A65	80A	30A	65A
	79～81	B65	80B	30B	65B
	81～83	C65	80C	30C	65C
	83～85	D65	80D	30D	65D
	85～87	E65	80DD	30DD	65E
68～72	82～84	A70	90A	32A	70A
	84～86	B70	90B	32B	70B
	86～88	C70	90C	32C	70C
	88～90	D70	90D	32D	70D
	90～92	E70	90DD	32DD	70E
73～77	87～89	A75	90A	34A	75A
	89～91	B75	90B	34B	75B
	91～93	C75	90C	34C	75C
	93～95	D75	90D	34D	75D
	95～97	E75	90DD	34DD	75E
78～82	92～94	A80	95A	36A	80A
	94～96	B80	95B	36B	80B
	96～98	C80	95C	36C	80C
	98～100	D80	95D	36D	80D
	100～102	E80	100DD	36DD	80E
83～87	97～99	A85	100A	38A	85A
	99～101	B85	100B	38B	85B
	101～103	C85	100C	38C	85C
	103～105	D85	100D	38D	85D
	105～107	E85	100DD	38DD	85E
88～92	102～104	A90	105A	40A	90A
	104～106	B90	105B	40B	90B
	106～108	C90	105C	40C	90C
	108～110	D90	105D	40D	90D
	110～112	E90	105DD	40DD	90E

(5) 外国と日本の衣料品のサイズ比較 International Size Comparison

男性 Men

シャツ Shirt	<u>JP / CN</u>	37	38	39	40	41	42	43
	<u>AU / NZ</u>	37	38	39	40	41	42	43
	<u>UK / US</u> <u>CA</u>	14 1/2	15	15 1/2	16	16 1/2	17	17 1/2
	<u>Korea</u>	XS	S	M	L	XL	XXL	—
スーツ Suit	<u>JP / CN</u>	S	M	—	L	—	LL	—
	<u>AU / NZ</u>	92	97	102	107	112	117	122
	<u>UK / US</u> <u>CA</u>	36	38	40	42	44	46	48
	Korea	XS	S	M	L	XL	XXL	—
靴下 Socks	<u>JP / CN</u>	24 1/2	25 1/2	26 3/4	28	29 1/4		
	<u>France</u>	39	40	41	42	42	43	44
	<u>UK / US</u> <u>NZ / CA</u>	9 1/2	10	10 1/2	11	11 1/2	12	12 1/2
	Korea	M(245—275)			L(280—300)			
靴 Shoes	<u>JP / CN</u>	24.5	25	25.5	26	26.5	27	27.5
	<u>AU / NZ</u>	6	6 1/2	—	7	7 1/2	8	8 1/2
	<u>France</u>	—	—	41	42	42	43	44
	<u>German</u> <u>y</u>	40	40	41	42	43	44	44
	<u>UK</u>	5 1/2	6	6 1/2	7	7 1/2	8	8 1/2
	<u>US / CA</u>	7	7 1/2	8	8 1/2	9	9 1/2	10
	Korea	245	250	255	260	265	270	275

女性 Women

シャツ Shirt	<u>JP</u> / CN	7	9	11	13	15	—	—
	<u>AU</u> / <u>NZ</u>	10	12	14	16	18	20	22
	<u>FR</u> / <u>DE</u>	36	38	40	42	44	46	48
	<u>UK</u>	32	34	36	38	40	42	44
	<u>US</u> / <u>CA</u>	6	8	10	12	14	16	18
	Korea	55(S)	66(M)	66.5	77(LL)	77.5	88(LL)	88(LL)
ブラウス Blouse	<u>JP</u> / CN	7	9	11	13	15	—	—
	<u>AU</u> / <u>NZ</u>	6	8	10	12	14	16	18
	<u>UK</u>	32	34	36	38	40	42	44
	<u>US</u>	4	6	8	10	12	14	16
	Korea	55(S)	66(M)	66.5	77(LL)	77.5	88(LL)	88(LL)
ストッキング Stockings	<u>JP</u> / CN	20 1/4	21 1/2	22 3/4	24	25 1/4	26 1/2	—
	<u>FR</u> / <u>DE</u>	0	1	2	3	4	5	6
	<u>UK</u> / <u>US</u> <u>CA</u>	8	8 1/2	9	9 1/2	10	10 1/2	11
	<u>Korea</u>	44	55	66	77	—	—	—
靴 Shoes	<u>JP</u> / CN	22	22.5	23	23.5	24	24.5	25
	<u>AU</u>	5	5 1/2	6	6 1/2	7	7 1/2	8
	<u>FR</u> / <u>DE</u>	35	35	36	37	38	38	39
	<u>UK</u> / <u>NZ</u>	3 1/2	4	4 1/2	5	5 1/2	6	6 1/2
	<u>US</u> / <u>CA</u>	5	5 1/2	6	6 1/2	7	7 1/2	8
	Korea	220	225	230	235	240	245	250

27. 税金 TAXES

主な税金 Major Taxes

	税金 Tax Item	概要 Explanation
市 税 M U N I C I P A L T A X E S	市民税 Municipal Inhabitants Tax	個人の所得者及び法人にかかる税金 Income tax on individuals and corporations
	固定資産税 Property Tax	土地、家屋、償却資産の所有者にかかる税金 Tax on owners of land, houses and depreciable assets
	都市計画税 City Planning Tax	市街化区域内の土地や家屋の所有者にかかる税金 Tax on owners of land or houses in the urban area
	軽自動車税 Light Vehicle Tax	原動機付自転車、軽自動車、小型特殊自動車、二輪の小型自動車を所有している人にかかる税金 Tax on owners of motorbikes, compact cars, special compact cars, and motorcycles less than 250cc
	市たばこ税 Municipal Tobacco Tax	たばこの購入者に卸売販売業者などを通じてかかる税金 Tax on purchasers, paid through wholesalers
	入湯税 Hot Spring Tax	鉱泉浴場の入湯客にかかる税金 Tax on customers who bathe in hot springs
	国民健康保険税 Nat'l Health Insurance Tax	被保険者である世帯主に対しその資力と受益に応じてかかる税金 Tax on the heads of households insured by the national health insurance program; according to income, value of assets, etc.

県 税 P R E F E C T U A L T A X E S	県民税 Pref. Inhabitants Tax	市民税と同様に個人や法人にかかる税金 Income tax on individuals and corporations
	事業税 Enterprise Tax	事業を営む個人や法人にかかる税金で、個人事業税と法人事業税がある。 Two kinds of taxes on individuals and corporations, such as individual enterprise tax and corporation tax
	不動産取得税 Real Property Acquisition Tax	不動産を取得した個人や法人にかかる税金 Tax on individuals or corporations who have acquired property such as real estate
	ゴルフ場利用税 Golf Course Utilization Tax	ゴルフ場を利用した人にかかる税金 Tax on those who use a golf course
	地方消費税 Local Consumption Tax	物品の販売やサービスの提供等に対してかかる税金 Tax on the sale of commodities and services
	自動車税 Automobile Tax	原則として4月1日現在の自動車の所有者にかかる税金（乗用車、トラック等が対象） Tax on owners of automobiles as of April 1 (passenger cars or trucks)
	自動車取得税 Automobile Acquisition Tax	自動車を取得した場合にその取得者に係る税金 Transaction tax on automobile acquisition

所得税 Income Tax	1月から12月までの1年間の個人の所得に対してかかる税金 Tax on private annual income from January to December
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固定資産税のことは Property Tax		
都市計画税のことは City Planning Tax		
市税の収税のことは Payment of Municipal Taxes	収納課 Collection Division	
過誤納金の還付のことは Correction of Tax Payments		
納税相談のことは Consultation on Tax Payments		
督促及び滞納処分のことは Tax Notifications or Penalties		
口座振替のことは Transfer Payment from Bank Account	収納課 Collection Division	〒874-8511 別府市役所 別府市上野口町 1番15号 TEL: 0977-21-1111
国民健康保険税の賦課徴収のことは Nat'l Health Insurance Tax	保険年金課 Insurance Pension Division	Beppu City Hall 1-15 Kaminoguchi-cho, Beppu City 874-8511 TEL: 0977-21-1111
国民健康保険税の相談のことは Collection of above Tax		

Certification of Municipal Taxes (Div. Charge & Tel. Number)

市税の各種証明発行窓口・電話番号

Taxation Division 課税課	Phone number 電話番号: 0977-21-1111
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Regarding Prefectural Taxes & (Division Charge & Phone Number)

県税・国税について

National Taxes 国税	Phone number 電話番号
Beppu Tax Office 別府税務署	0977-23-1111
Prefectural Taxes 県税	
Oita Pref. Tax Office, Beppu Branch 大分県別府県税事務所	0977-67-8211
Oita Automobile Tax Management Office 大分県自動車税管理室	097-552-1121

TRANSLATION LIST OF SYMPTOMS 病状の説明

General Conditions	Ippanshojo	一般症状
Chill	Samuke	寒気
Continuous	Taezu-itamu	絶えず痛む
Dizziness	Memai	めまい
Dull Pain	Dontsu	鈍痛
Edema	Mukumi	むくみ
Fever	hatsunetsu	発熱
Headache	Zutsu	頭痛
Insomnia	Fuminsho	不眠症
Pain	Itami	痛み
Pain at intervals	Tokidoki-itamu	時々痛む
Piercing pain	Sashikomui-itami	刺しこむ痛み
Poor appetite	Shokuyoku-fushin	食欲不振
Rash	hosshin	発疹
Ringing in the ear	Miminari	耳なり
Sharp pain	Hageshii-itami	激しい痛み
Sleepy	nemui	眠い
Stiffness in the shoulder / tight shoulders	Katakori	肩こり
Sweat	Hakkan	発汗
Tiredness / exhaustion	Karada ga darui	体がだるい
Symptoms of Digestive System	Shokaki-kei	消化器系
After meals	Shokugo	食後
Appetite	Shokuyoku	食欲
Belch / burp	Geppu	げっぷ
Difficulty in swallowing	Nodo ga tsukaeru	喉がつかえる
General abdominal pain	Hara sentai no itami	腹全体の痛み
Good	Ryoko	良好
Heartburn	Muneyake	胸やけ
Hemorrhoids	ji	ぢ
Nausea	Hakike	吐き気
Poor	Furyo	不良
Rather good	Yaya-ryoko	やや良好
Severe pain	Hageshii itami	激しい痛み
Stomach ache	I ga itai	胃が痛む
Vomit	Outo	嘔吐
Vomit blood	Chi o haku	血を吐く
When hungry	Kufuku-ji	空腹時

Cardio-vascular and circulatory system	Shinzo-junkanki-kei	心臓循環器系
Chest pain	munenoatariga itai	胸のあたりが痛む
Inconsistent heart rate	myakugamidareru	脈が乱れる
On exertion	undoushitatoki	運動したとき
Palpitation	doki	動悸
Rapid heart action	myakuga hayai	脈がはやい
Short of breath	ikigire	息切れ
Slow heart rate	myakuga sukunai	脈が少ない
dizziness	memai	めまい
Respiratory system	kokyuki-kei	呼吸器系
Back pain	senaka ga itai	背中が痛い
Labored breathing	kokyukonnan	呼吸困難
Runny nose	hanamizu	鼻水
Sneeze	kushami	くしゃみ
Neuromuscular system	shinkei-kinniku-kei	神経・筋肉系
Coma	konsui	昏睡
Convulsion	keiren	けいれん
Delirium	uwagoto	うわごと
Drowsy	utourosuru	うとうとする
Migraine	henzutsu	偏頭痛
Numbness	kankaku mahi	感覚麻痺
Paralysis	mahi	麻痺
Sleepy	nemui	眠い
Speech impediment	gengo-shogai	言語障害
Trembling	tesaki ga furueru	手先が震える
Injuries	kega	けが
Cut	kirikizu	切り傷
External wounds	gaisho	外傷
Puncture	sashikizu	刺し傷
Dermatology	Hifuka	皮膚科
Hand foot mouth disease	teashikuchibyō	手足口病
Hives	jinmashin	じんましん
Itchy	kayui	かゆい
Red rash	akaihanten	赤い斑点
Urology	Hinyoukika	泌尿器科
Bloody urine / Hematuria	ketsunyo	血尿
Cloudy urine	dakunyo	濁尿
Gonorrhoea	rinbyou	淋病
Pyuria	nounyō	膿尿

Ophthalmology	Ganka	眼科
Double vision	niju ni mieru	二重に見える
Dazzling	mabushii	まぶしい
Eye discharge	meyani	目やに
Foreign bodies in the eye	me no gomi	目にごみがはいる
Tearing	namida ga deru	涙がでる
Otorhinolaryngology	Jibiinkoka	耳鼻咽喉科
Ear discharge	mimi dare	耳だれ
Earache	mimi ga itai	耳が痛い
Hoarse voice	koe ga kasureru	声がかすれる
Loss of voice	koe ga denai	声が出ない
Nasal bleeding	hanaji	鼻血
Sore throat	nodo no itami	喉の痛み
Stuffy nose	hana ga tsumaru	鼻がつまる
Obstetrics/ Gynecology	Sanfujinka	産婦人科
Missed periods	mu gekkei	無月経
Low abdominal pain	kafukubustu	下腹部痛
Lumbago	yotsu	腰痛
Menstruation	gekkei	月経
Vaginal discharge	orimono	おりもの
Irregular menstruation	gekkeifujun	月経不順
Medicine	kusuri	くすり
Antibiotics	koseibusshitsu	抗生物質
Antiseptics	shodokuzai	消毒剤
Aspirin	asupirin	アスピリン
Boric acid	hosan	ほう酸
Capsule	kapuseru	カプセル
cough lozenges	nodo no itamidome	のどの痛み止め
Digestive aid	shokazai	消化剤
Hydrogen peroxide	okishifuru	オキシフル
Ointment	nanko	軟膏
Pain killer	itamidome	痛み止め
Sleeping pill	suiminyaku	睡眠薬
Suppository	zayaku	座薬
Vitamin	bitaminzai	ビタミン剤



Fukuoka Regional Immigration Bureau, Oita Branch Office



Health Examinations

	Age Group 20~29	Age Group 30~39	Age Group 40~49	Age Group over 50	Contents of Examination	Please take these examinations at your workplace if they are provided.
Stomach Cancer Examination		◎	◎	◎	X-Ray Photography with Usage of Barium	
Lung Cancer Examination			◎	◎	X-Ray Photography of Chest Area	
Colon Cancer Examination			◎	◎	Fecal Occult Blood Test	
Prostate Cancer Examination				●	Blood Test	
at Uterine Cervix Cancer Examination	○	○	○	○	Cell Diagnosis of Uterine Cervix	
Breast Cancer Examination			○	○	Mammography	
Bone Density Examination		○	○	○	Ultrasonic Examination of Heel and Other Locations	
Hepatitis Virus Examination			◎	◎	Blood Examination ※For Those Who Have Not Previously Had This Exam	

Festivals and Events

* Dates and Events are subject to change. Please check our website for updates.

Month	Event	Location
Jan&Feb	Bamboo Art Crafts Exhibition	Traditional Bamboo Crafts Center
Feb	Beppu-Oita Mainichi Marathon	Oita City - Beppu City
March-Apr	Light Festival	Kannawa District
March	Opening of the Lake Shidaka	Lake Shidaka
Apr	The Beppu Hatto ONSEN Festival	Beppu Ekimae Street and central Beppu City
Apr	Shidaka Lake "Sakura Matsuri"	Shidaka Lake "Rest house Shidaka"

Apr	Beppu Mt. Tsurumi Climbing Rally	Spa Beach-Top of Mt. Tsurumi
May	Beppu Argerich's Music Festival	B-Con Plaza, etc.
May	The Mt. Yufu Opening Festa	Trail Entrance of Mt. Yufu
Jun	The Ikebana Flower Arrangement in Basket Exhibition	Beppu City Traditional Bamboo Crafts center
Jun	Iris Show at Lake Kagurame	Lake Kagurame
Jul	The Yufugawa kyoukoku Matsuri	Yufugawa Kyoukoku(Canyon)
Jul	Beach Cleanup (Volunteer Activity)	Spa Beach, Shoningahama, Sekinoe
Jul	The start of the swimming season	Sekinoe Beach
Jul	Summer Early Evening Festival	Spa Beach, etc
Jul	Fishing Boat Festival	Hamawaki-Beppu Bay
Aug	Kamegawa Summer Festival	Kamegawa Fishing Port
Aug	Beppu Port Festa	Mochigahama Satohama Beach
Aug	Lake Shidaka Summer Festival	Lake Shidaka
Aug	Beppu Hamawaki Yakushi Festival	Hamawaki Onsen
Sep	Kannawa Onsen Yuami (Bathing) Festival	Onsen-zan, Eifuku-ji
Oct	Beppu Yoi-yoi Women's Festival	Kitahama St.
Oct	The 27th Beppu Yukemuri Health Marathon/Walk	Lake Shidaka, Lake Kagurame
Oct	The Bamboo & Moonlight Melody	Traditional Bamboo Crafts Center
Nov	Oita Agriculture and Forestry Festival (Fisheries Festival)	Kamegawa Port
Nov	Oita Agriculture and Forestry Festival (Agriculture Festival/ craft and living Fair)	Beppu Park
Nov	Aburaya Kumahachi Memorial Festival	Beppu Park West Gate
Nov	"Sentomyo" -Candle Light Festival-	Beppu Park
Nov	The Beppu City Welfare Festival The Citizens & Fire Brigade Session	Beppu Park
Nov	Lake Shidaka -Visitors' Day-	Lake Shidaka
Dec	Beppu Tosuisai -Chic Winter Festival-	Beppu Park
Dec	Waku-Waku Farm Products Fair	Beppu Park Cultural Zone
Dec	Beppu Christmas HANABI Fantasia	Matogahama Park, Spa Beach, etc.

