A Notice to All Beppu Citizens

Pneumonia caused by the new coronavirus has been occurring in Wuhan, China since December 2019, and cases have been reported in several countries, including Japan.

At present, it is not known how the virus passes from one person to another, but it is seemingly less contagious than seasonal flu (influenza).

There is no need to panic, but it is important that you take prevention measures each day to try to reduce the risk of infection.

◯ Infection Prevention Measures

As with the current flu (influenza), frequent washing of hands, and wearing masks in crowded places, can be effective methods of prevention.

Hand-washing 〜the most effective way to wash your hands〜

① Wet your hands under running water, then take hands out from under the water, apply soap and rub your palms well.

② Rub the backs of your hands.

③ Clean carefully under and around your fingernails.

④ Clean in-between your fingers

⑤ Twist your palm around your thumb to clean it.

⑥ Don't forget to clean your wrists! Afterwards, rinse your hands well under running water.

After washing your hands with soap, rinse them well with water and dry them with a clean towel or paper towel. Hand sanitizer is also helpful, but make sure you wash your hands with soap and water often too!

Masks 〜how to wear a mask correctly〜

How to put on a mask

Make sure that your nose AND mouth are covered → Put the elastic straps around your ears → Cover your nose so that there is no gap around the mask

· wear a mask if you have respiratory symptoms such as a cough, runny nose or sore throat.
· when wearing a mask, cover your mouth AND nose securely.

Oita Prefecture has established a consultation desk for the new coronavirus. In Beppu City, in collaboration with Oita Prefecture, we will continue to closely monitor necessary information and respond promptly.

Beppu City Counseling Service: Ikiiki Kenko Department, Health Promotion Division
0977-21-1117 (weekdays 8:30 – 17:00)

Oita Prefecture New Coronavirus Consultation Counter, Health Promotion Support Division
097-506-2775

※For further details, please check the websites of the Ministry of Health, Labour and Welfare, Oita Prefecture, and Beppu City.