

What is Novel Coronavirus?

- A type of viral infection. It is characterised by fever, sore throat, and prolonged coughing (around a week or more), and often also causes heavy fatigue.
- The incubation period from infection to onset of symptoms is said to be between 1 and 12.5 days (often 5-6 days).
- 80% of cases are said to be mild.
- Novel coronavirus is said to be transmitted by droplet infection and contact infection.

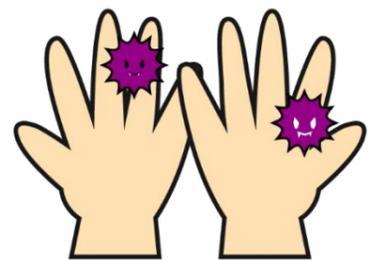
【Droplet Infection】

1. The virus is released in the form of droplets from infected people when sneezing, coughing or spitting.
2. Another person then inhales the virus through their mouth or nose.

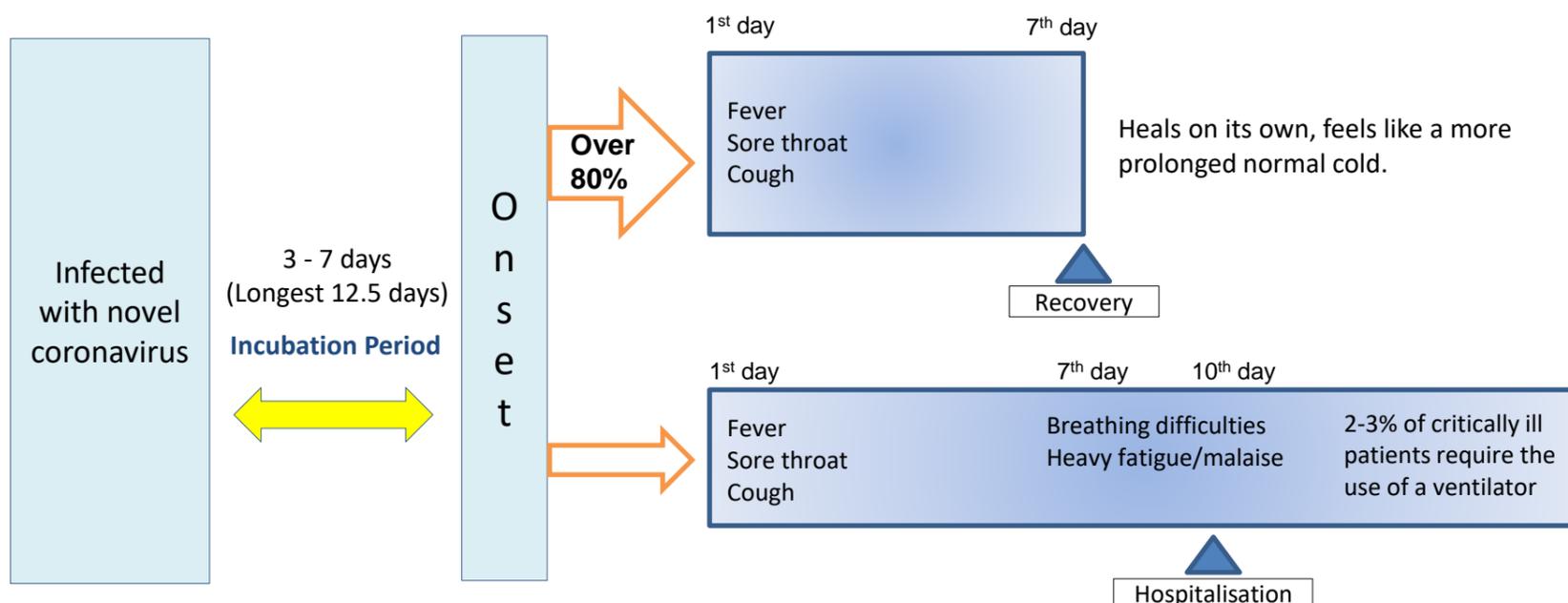


【Contact Infection】

1. The infected person sneezes or coughs onto their hands
2. They then use their hands to touch things around them such as doorknobs, train straps and handrails, contaminating them with the virus.
3. Another person touches the surface contaminated with the virus and gets the virus on their hands.
4. They touch their mouth or nose with their contaminated hands and get infected



The Typical Course of Novel Coronavirus Infection



Excerpt from Oita Prefecture website

Basic Infection Prevention methods:

- ① washing hands often and thoroughly (for at least 20 seconds) with soap
- ② wearing masks in crowded places
- ③ eating well-balanced and nutritious meals
- ④ making sure you get enough sleep

Please keep these methods in mind in the current situation

